

# AIA Vitality Program overview



AIA Vitality is an award-winning health and wellbeing program. AIA Vitality's proven approach takes you on a journey to better health – where you get to know your health, improve it and enjoy the rewards for doing so.

AIA Vitality members earn AIA Vitality points through a number of health and fitness related activities. These can include a health and nutrition assessments, along with physical activity targets.

As a new member, you start on Bronze Status and work your way up by completing health related activities. The more points you earn the higher your status and the bigger the rewards.



## Know your health

Understand your health with specialised and comprehensive feedback.



## Improve your health

Get access to quit smoking programs and dietary advice.



## Enjoy the rewards

Your active lifestyle leads to amazing rewards, thanks to the top brands we've teamed up with.

## Who is eligible for AIA Vitality?

The life assured under any eligible AIA policy can take out AIA Vitality membership. For full eligibility criteria go to [aia.co.nz](http://aia.co.nz)

## What does AIA Vitality cost?

Members pay an \$11.50 incl. GST membership fee per month.



HEALTHIER, LONGER,  
BETTER LIVES

AIA Vitality

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## Partners, benefits and rewards



**Mission Nutrition**  
Dietitians & Nutritionists

**DISCOUNTED NUTRITION CONSULTATIONS**

**ONLINE AND OFFLINE HEALTH ASSESSMENTS**

**Unichem**  
*life* Pharmacy

**FREE HEALTH CHECK**

**molemap**  
WE SPOT CHANGE

**DISCOUNTED SKIN ASSESSMENT**

**JAGGAD**  
Life Athletic

**DISCOUNTED HEALTHYGEAR**

**FREE QUIT SMOKING PROGRAM**

**UP TO 25% DISCOUNT ON DEVICES**

**HEALTHIER, LONGER, BETTER LIVES**

**UPFRONT AND RENEWAL PREMIUM DISCOUNTS**

**STATUS BASED REWARD PARTNERS**

**NON-STATUS BASED REWARD**

**\$5.00 ACTIVE BENEFIT VOUCHER EVERY WEEK OR \$5.00 DONATION EVERY WEEK**

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